

The Equine Stecco Technique

Schwaiganger Stud, Germany, April 2-5, 2020

This course will show the participants the importance of understanding fascia, its 3-D network, the identification of musculoskeletal dysfunctions in reference to the animal fascial system and to apply the Fascial Manipulation system as taught by Luigi Stecco. The goal of the course is to identify specific points of fascia causing movement restrictions and then to manipulate them, often far away from the problem area, to restore movement. These will be taught combining theoretical and practical elements as well as a live demonstration of all steps of treatment.

Program

Thursday, April 2nd | Lectures 9:00 to 17:00 hours

9.00	Welcome and Introduction to the Course	Presentation
9.00 – 10.00	Basic Principles of Animal Fascial Manipulation © Fascial anatomy	Theory
10.00 - 10.15	Break	
10.15 – 12.00	Basic Principles of Animal Fascial Manipulation Fascial anatomy continues	Theory
12.00-13.00	Lunch	
13.00-15.30	Superficial palpation of the sequences – Ante-/retro- /latero-/mediomotion/ekstra and intrarotation	Practical
15.30-15.45	Break	
15.45 – 17.00	Demo treatment, instructor	Practical

Friday, April 3rd | Practical work 9:00 to 17:00 hours

9.00 - 9.45	Fascial phenomenons	Theory
9.45 – 10.00	Break	
10.00 – 12.00	Myofascial units, CCs, sequences	Practical
10.45- 12.00	AFM treatment protocol	Theory
12.00 – 13.00	Lunch	
13.00 – 15.30	CCs in practise	Practical

15.30 – 15.45	Break	Practical
15.45-17.00	AFM treatment protocol	Theory

Saturday, April 4th | Practical work 9:00 to 17:00 hours

9.00 – 9.45	Densification	Theory
9.45 – 10.00	Break	
10.00 – 12.00	MOVE in theory	Theory
12.00 – 13.00	Lunch	
13.00 – 15.45	MOVE + PAVE with animals	Practical
15.45 – 16.00	Break	
16.00 – 17.00	Demo treatment by instructor	Theory

Sunday, April 5th | Hands on 9:00 to 15:00 hours

9.00 – 9.45	Assessment chart	Theory
9.45 - 10.00	Break	
10.00 – 12.00	Treatments for the animals – students in minigroups	Practical
12.00 - 13.00	Lunch	
13.00 – 15.00	AFM Treatment protocol, conclusion, discussion	Theory

Tuulia Luomala

graduated from University of applied sciences of Tampere as Physiotherapist. Since 2000 she has been working as a private practitioner, lecturer and teacher. Tuulia has strong practical background concerning musculoskeletal rehabilitation of humans and animals. She is focused on fascial anatomy, fascial manipulation and practical applications of fascial treatments and exercises to both, humans and animals. Tuulia has been working as a chairman of the Finnish association of animal physiotherapist since 6 years. She has recently published the following books: 1) A Practical guide to Fascial Manipulation: An evidence- and clinical-based approach. 2016. Elsevier; 2) Fascia: From the clinical perspective. 2016. VK-Kustannus.

Mika Pihlman

is a physiotherapist from Finland working since 20 years with humans. He has studied many manual approaches from the osteopathic techniques to the Maitland concept, acupuncture and various fascial techniques. He has been studying and writing articles and books about human and animal myofascial systems. Together with the Stecco family and Tuulia Luomala he has developed the animal fascial manipulation in the last 7 years.

Accommodation

In Ohlstadt you will find plenty of homestays, Bed & breakfasts and appartements. Please keep in mind that it will be easter holiday and people stay in that area to ski. So better book in advance (=

<https://www.ohlstadt.de/de/unterkuenfte-suchen.html>

Important to know

As this seminar is non profit organized you need to sell your ticket, in case you can't make it, as all costs are calculated even with the expenses. As the interest for this seminar is quite high, I am sure it won't be a problem and I usually have a waiting list. Veterinarians and DCs with an animal chiropractic degree are eligible for the course. This course will be accredited with 25 CPD points of IVCA. Registration is only valid once the money arrived in the bank account.

Please sign here that you read this information!

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Further information

Equine Chiro

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Nearest airports: Munich (MUC), However, Salzburg (SLZ) and Innsbruck (INS) are good choices too. Ohlstadt can be accessed via train, Schwaiganger by bus.

Registration Equine Stecco Technique

Last name*
First name*
Institution/Clinic
Street & number*
City*
Country*
Phone
Fax
VAT ID for EU
E-Mail*
Vegetarian/Vegan*
 Yes No

* Mandatory information

Payment of 700€ by:*

Bank transfer without charges for the beneficiary to the bank "DKB Bank Berlin"
- IBAN DE12120300001010427092 and BIC (swift code) BYLADEM1001

You will receive a confirmation of your registration within 24 hours, otherwise please send an email [equine-chiro\(at\)web.de](mailto:equine-chiro(at)web.de) to be attended properly.

Data protection notice*

Your data are not given to third parties. I need them for the registration formalities and like to inform you about forthcoming events. Please tick the box, if you agree! You can withdraw this permission anytime. I read the data protection notice and I also read and agree to the privacy policy

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